Feasibility of a Behavioral Health Minor

Presented by
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Institute of American Indian Arts
Historical Overview of IAIA

1962 - Santa Fe Indian School becomes Institute of American Indian Arts High School program

1984 – Accredited to offer Associates’ degrees in Studio Arts, Creative Writing and Museum Studies

1986 – Became one of 3 federally chartered colleges

2002 – Became accredited to offer BFA degrees in Studio Art, Museum Studies, New Media and Museum Studies
Historical Overview of IAIA, cont.

2007 – Added Indigenous Liberal Studies BA
   Minor in Art History added in 2009 – subsequently moved to Museum Studies
   Minor in ILS added in 2011

2013  MFA in Creative Writing implemented

2015 Certificate in Native American Art History

2018 – Added BA in Performing Arts
Indigenous Liberal Studies (ILS) Degree Plan

Developed through focus groups and input from students, faculty and staff

Guiding Principle: Indigenous Ways of Knowing

Used the traditional Liberals Arts philosophy as model for development

Established a “Colloquia“ process to offer courses on one time basis, without having to include the course in the catalogue until the course prove itself

The natural capstone for the ILS BA was a self-directed research project
Indigenous Liberal Studies Research

If Senior capstone is a self directed research project, how do we prepare the students to successfully conduct a major research project?

1. Have research based essay papers be the major source of grades for each course, don’t rely on tests

2. Require several research based courses:
   - MUSM 320 - Research Methods
   - MUSM 260 – Oral Histories Research
   - MATH 104 – Numbers and Society (Quantitative Analysis)
   - IDST 251 - Indigenous Inquiry Sophomore Capstone (Inter-disciplinary research)

3. Develop two semester senior capstone: IDST 451 Senior Seminar
   IDST 499 Senior Project
IDST101 Introduction to Indigenous Studies

Introductory class – one of 5 Gen Ed cultural content classes required for ILS majors, minors

Basically a philosophy course rather than history or anthropology course

Identity – Native and Indigenous

Race and Ethnicity

Colonization and Decolonization
“Sacred Instructions” 1st half

Indigenous Knowledge
“Original Instructions”

Re-Indigenization
2nd half of “Sacred Instructions”
Senior Capstone

First semester: IDST451 Senior Seminar

Two goals: Become familiar with Indigenous and community based research methods
Develop research question and protocol to direct the Senior Project

First half of the semester looks at Indigenous research models, community based
and participatory research models, quantitative analysis

Second half of semester is based in developing a research question and putting
The research protocol together to guide the Senior Project:

Research question          Community description
Anticipated methodologies   Sample survey questions and questionnaires
Sample consent forms        Community permission to conduct research
Annotated bibliography
Senior Seminar Resources

Bill Freeman’s IRB PowerPoints
Senior Capstone, cont.

IDST499 Senior Project

Student conducts research as described by research protocol

Expands annotated bibliography

Thirty minute community presentation

Senior Projects have had many different topics:
- Arikara Aesthetics 1880-1930
- Heuristic Study of Creek Women from Poarch Creek
- Needs assessment for Tribal School at Chippewa of the Thames
- Study of Participation in Tribal Cultural Activities by Age Group at Fort Hall
- Heuristic Study of Lakota Women
- Enacting an Ordinance to Limit Single Use Plastics Straws in Santa Fe
May 2018 Mary Stempien and Elizabeth Stahmer presented their Senior Projects to the IAIA Community

Mary Stempien: “A Mental Health Needs Assessment: The IAIA Student Body”

Elizabeth Stahmer: “Developing a Minor in Counseling at IAIA”

These two senior projects along with the support from AIHEC’s NARCH project helped develop a dialogue at IAIA about the counseling minor proposal and the role of prevention at IAIA.
Developing a Wellness Based Minor at IAIA

Fall 2018 - Departmental decision not to follow up with a counseling minor
For a liberal arts program, counseling was too narrow and focused

The ILS department passed a resolution to implement a Community Wellness minor.
Implementation of Community Wellness Minor

Curricular challenges

Curriculum based in the arts and liberal studies

Lack of hard science courses

Lack of math courses other than introductory statistics and math for artists

IAIA Student Expectations
Implementation of Community Wellness Minor

**Strengths**

- ILS focuses on identity and community

- Research infrastructure

- Community development as ILS curriculum goal

- A number of existing courses address aspects of the public health model

- Land Grant institution status
# Proposed Minor in Community Wellness

**PROPOSED COMMUNITY WELLNESS MINOR:**

<table>
<thead>
<tr>
<th>Required Courses</th>
<th>18 Credit Hours</th>
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<tbody>
<tr>
<td>IDST101 Introduction to Indigenous Studies</td>
<td>3</td>
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<tr>
<td>MATH104 Numbers and Society</td>
<td>3</td>
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<tr>
<td>MUSM260 Oral Histories Research</td>
<td>3</td>
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<tr>
<td>MUSM320 Research Methods</td>
<td>3</td>
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<tr>
<td>PHIL201 Indigenous Philosophies for the 21st Century</td>
<td>3</td>
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<tr>
<td>To be developed: Community Wellness and Sustainability</td>
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<table>
<thead>
<tr>
<th>Elective Courses</th>
<th>6 Credit Hours</th>
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<tr>
<td>Choose two:</td>
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<tr>
<td>EDUC230 Issues in Indian Education</td>
<td>3</td>
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<tr>
<td>IDST251 Indigenous Inquiry</td>
<td>3</td>
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<tr>
<td>IDST390Z Historical Trauma</td>
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<tr>
<td>IDST390L Economic Sovereignty, Survival and Sustainability</td>
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<tr>
<td>IDST390T Gender, Identity, and Indigeneity</td>
<td>3</td>
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<tr>
<td>PSYCH160 Introduction to Art Therapy</td>
<td>3</td>
</tr>
<tr>
<td>To be developed: Comparative Health Issues and Models</td>
<td>3</td>
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Thank You for Your Interest and Attention