Haskell AIHEC
NARCH Grant

Generation Indigenous Liberation
Melissa Holder, PhD
Purpose is to gather information on participants' sources of strength so the researchers and university can build on the positive aspects of students that Haskell retains and graduates. A survey and focus groups were conducted to identify sources of strength. Results will be shared with Haskell administration to aid in further discussion on how to improve and foster student sources of strength.

- Adapted the Establishing the Reliability and Validity of the Sources of Strength in One American Indian Community (Kelley & Small, 2016).
Process

Challenges
• Unsure of deficit behavioral approach
• Grant writer left Haskell
• IRB committee was a one-person show
  o Needed to revive
• Not always available to NARCH staff
  o Acting DoS

Successes
• Meet with President Chenault
  o Suggested the Sources of Strength approach
• Identified Project Coordinator
• Identified Student Researchers
• Community Advisory Board
  o Adapt SoS scale
• Dec. ‘16-Mar ‘17–survey
• April-May ‘17-- 3 focus groups
Recruitment Flier

“Indigenous Liberation”
FOCUS GROUPS

Would you like to make an impact?
We need your input on your success!

WHEN: April 5th & 6th at 6:30pm
and April 7th at 12:00pm

WHERE: *TBA*

WHO IS NEEDED: ALL Haskell Students!

FREE PIZZA PROVIDED!
Participants will enter a chance to win a gift basket
(dinner & movie and other goodies)!

Please RSVP and/or for more information,
contact Kylee Autaubo
at kylee.autaubo@haskell.edu
Informed Consent Statement

"Generation Indigenous Liberation"

Introduction
You are invited to participate in a research study conducted by the American Indian Higher Education (AIHEC) NARCH Haskell grant. AIHEC/NARCH grant supports the practice of protecting for human subjects participating in research. The following information is provided for you to determine whether you wish to participate in the present study. You may refuse to sign this form and not participate in this study. You should be aware that even if you agree to participate, you are free to withdraw at any time. If you do withdraw from this study, it will not affect your relationship with Haskell Indian Nations University.

What is the purpose of the study?
This study will gather participant sources of strength from Haskell Indian Nations University students.

What are the procedures?
You will be asked to participate in one questionnaire. The questionnaire (approximately fifteen to thirty minutes) will take place in a location that is convenient to you.

Do I have to participate in this study? What will be done with my responses?
During the questionnaire, if you feel anxious, by answering any of the questions, your wish to not reply will be respected. The researcher will not share information about you unless required by law or unless you give written permission. The researcher asks your permission for the information gathered from this study to be disseminated in the following ways: 1) to provide a summary of the research institution; 2) use information in classroom or other presentation situations. Results from this study may be used for reporting or publication with all identifying information omitted as noted herein.

What are the possible harms? There are no risks associated with this study.

Will this study help me?
While there are no direct benefits for participating, it is anticipated that future students may benefit because of findings from this study as it may lead to a better understanding of sources of strengths students possess and/or gain while at Haskell Indian Nations University, which may ultimately lead to fostering greater opportunities.

Will I receive a payment to participate? There is no payment for participation.

Will my identity be confidential?
The researcher will take steps to safeguard your identity throughout the study, as noted above and herein. Neither your name nor your role will be associated in any publication or presentation with the information collected about you or with the research findings from this study. Instead, if need be, the researcher will use a code number or a pseudonym rather than your name or role. Your personally identifying information will not be shared unless (a) it is required by law or university policy, or (b) you give written permission.

Permission granted on this date to use and disclose your information remains in effect indefinitely. By signing this form you give permission for the use and disclosure of your information for purposes of this study at any time in the future.

What if I refuse to sign the consent and authorization? You are not required to sign this Consent and Authorization form and you may refuse to do so without affecting your right to any services you are receiving or may receive from Haskell Indian Nations University or to participate in any programs or events of Haskell Indian Nations University. However, if you refuse to sign, you cannot participate in this study.

Can I cancel this consent and authorization? You may withdraw your consent to participate in this study at any time. You also have the right to cancel your permission to use and disclose further information collected about you, in writing, at any time, by sending your written request to: Melissa Holder, 126 Parker Hall, Haskell Indian Nations University, Lawrence, KS 66046. If you cancel permission to use your information, the researchers will stop collecting additional information about you. However, the research team may use and disclose information that was gathered before they received your cancellation, as described above.

What if I have questions about my participation?
Questions about procedures should be directed to the researcher(s) listed at the end of this consent form.

Participant certification
I have read this Consent and Authorization form. I have had the opportunity to ask, and I have received answers, to any questions I had regarding the study. I understand that if I have any additional questions about my rights as a research participant, I may call (785) 745-8402 ext. 312, write the Institutional Review Board (IRB), Haskell Indian Nations University, 155 Indian Avenue, Lawrence, Kansas 66046, or email irb@haskell.edu.

I agree to take part in this study as a research participant. By my signature I affirm that I am at least 18 years old and that I have received a copy of this Consent and Authorization form.

Type/Print Participant’s Name

Date

Participant’s Signature

Researcher Contact Information

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Project Coordinator
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Sources of Strengths Scale

### Table 1

<table>
<thead>
<tr>
<th>Variables</th>
<th>$M$</th>
<th>$SD$</th>
<th>Measures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q1: I feel my family cares about me, spends time with me, and is a strong support for me.</td>
<td>8.54</td>
<td>1.95</td>
<td>Social Support</td>
</tr>
<tr>
<td>Q2: I feel I have healthy friends/peer group that makes good decisions/stays out of trouble.</td>
<td>7.33</td>
<td>2.01</td>
<td>Social Support</td>
</tr>
<tr>
<td>Q3: I feel I have good caring relationships with adults who truly care about me.</td>
<td>8.13</td>
<td>2.10</td>
<td>Social Support</td>
</tr>
<tr>
<td>Q4: I feel I keep involved in healthy activities like sports, music, art, teams, organizations.</td>
<td>9.04</td>
<td>1.52</td>
<td>Healthy Involvement</td>
</tr>
<tr>
<td>Q5: I feel I am regularly involved in helping others, sharing generosity, and have leadership opportunities.</td>
<td>7.96</td>
<td>1.75</td>
<td>Healthy Involvement</td>
</tr>
</tbody>
</table>

### Table 1, Continued

<table>
<thead>
<tr>
<th>Variables</th>
<th>$M$</th>
<th>$SD$</th>
<th>Measures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q6: I feel I have healthy beliefs and that I actively develop my faith, spirituality, or culture.</td>
<td>7.98</td>
<td>2.09</td>
<td>Personal Beliefs</td>
</tr>
<tr>
<td>Q7: I feel I have good access to a counselor, support group, or other mental health services.</td>
<td>7.40</td>
<td>2.20</td>
<td>Access to Services</td>
</tr>
<tr>
<td>Q8: I feel I have good access to a doctor, nurse, or other medical help if I was ill, injured, or needed medicine.</td>
<td>7.92</td>
<td>2.19</td>
<td>Access to Services</td>
</tr>
<tr>
<td>Q9: I participate in Leadership programs at my school.</td>
<td>7.25</td>
<td>2.90</td>
<td>Leadership</td>
</tr>
<tr>
<td>Q10: I am working on personal wellness and positive changes in my behavior.</td>
<td>7.75</td>
<td>2.46</td>
<td>Personal Beliefs</td>
</tr>
<tr>
<td>Q11: I take time to volunteer at school or in my community.</td>
<td>7.10</td>
<td>2.65</td>
<td>Leadership</td>
</tr>
</tbody>
</table>
Adaptations

• Based on discussions with the CAB, questions were adapted to be Haskell specific.
• Sources of Strength 11-item scale.
• Items rated on a Likert scale as follows: 1 (strongly disagree) to 10 (strongly agree). Changed to 1-5.
• The questions fell into 5 categories:
  o social support (4 items),
  o healthy involvement in activities (3 items),
  o personal beliefs (3 items),
  o access to physical and mental health services (2 items),
  o leadership qualities (3 items).
Haskell Questions

• Q12. I feel that I have strong support from faculty and staff.

• Q13. I feel that I keep involved in healthy hobbies like sewing, beading, music, and art.

• Q14. I feel that I have good access to participate in my faith, spirituality, or culture.

• Q15. I feel that I am making a good connection between my education and life goals.
Research Questions

How do Haskell students perceive their sources of strengths? What motivates students to persist semester-to-semester and ultimately to graduation?

RQ1: What sources of personal strength do you bring to Haskell?
   Probes: Family support look like?
            Social support look like?
            Culture play into your strengths?

RQ2: What are the greatest sources of strength you have at Haskell?
   Probes: Sources of strength? Ex: faculty, residential hall staff, other staff
            Organizations such as FYE, TRiO, and SSC support you?

RQ3: What surprising sources of strength have you discovered while attending Haskell?
   Probes: What strengths are unique to Haskell or Lawrence?
            New strength you recently discovered. Ex: Leadership role
Initial Results/Raw Data

• Quantitative SoS (N=213)
  o The student levels
    • Seniors feel they are prepared and thinking about life after Haskell
    • Seniors agree that family support is important to their success
    • Freshmen identify sources of strength from faculty and counselors

• Qualitative: 3 focus groups (8-10 participants each)
  o Overarching Themes:
    • Family, community, role model (younger relatives), cultural events, personal strength, and Haskell specific organizations

See student poster session for more information!
Capacity Building

- Haskell IRB
  - Student researchers and project director on IRB

- Community Advisory Board
  - Haskell and KU members
  - Input on adapting survey

- Student Researchers and Project Coordinator
  - Surveys (adapting, recruitment, administration, and analysis)
  - Focus group (develop questions, recruitment, lead, transcribe, and analysis)
  - Writing (literature review, methodology, findings)
    - Beginning to end
Next steps

• Continue analysis of both quantitative and qualitative data

• Continue writing
  o Introduction, Conclusion, and abstract
  o Review and update literature review
  o Methodology
  o Findings/Discussion
  o Limitations
  o How can the results help Haskell?

• Share results with Haskell campus

• Research journals for publication
Haskell NARCH Staff