Community-Based Participatory Research
Tribal Data Dissemination

Lawrence "Larry" Wetsit
Tribal Advisory Board

American Indian Higher Education Consortium (AIHEC) Native American Research Centers for Health (NARCH)
4th Annual Behavioral Health Research Institute
Haskell Indian Nations University
Lawrence, Kansas
Historical and Contemporary Factors Influencing The Lives of Reservation-Based Native American Youth: Non-Lethal Suicidal Behavior
Timeline

- Tribal Executive Board approved study - February 2011
- Human subjects approval - August 2011
- Data Collection - September 2011
- Data Analysis - 2011-2012
- Final Defense June 2013
- Data Dissemination August 2013 - March 2014
  - (Intervention selection)
- Search for funding June 2016 to Present
Dissemination Plan

GOAL:
1. To return study findings to the tribal community as agreed upon in preliminary research planning discussions and highlighted in the tribal resolution
2. Disseminate key research findings to Tribal Community: Moving knowledge to action

Focus data on:
- Improving tribal systems—health, education, judicial, etc.
- IHS health systems
Timeline: 2013 - 2014

Questions She Asked:

- Who should do this?
- Who should hear about this?
- How should we tell them and how long to take to tell them?
- How should we get them to remember what we tell them?
- What do we expect them to do after we tell them?
<table>
<thead>
<tr>
<th>DATE</th>
<th>Goal</th>
<th>Notes</th>
<th>Responsible Party</th>
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</thead>
<tbody>
<tr>
<td><strong>2013</strong></td>
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<tr>
<td>September 5</td>
<td><strong>Introductions</strong></td>
<td>Introductions</td>
<td>All, Teresa</td>
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<td>Brief summary of study</td>
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<td>Identify Stakeholders for Data Dissemination Meeting</td>
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<td>September 18</td>
<td>Prioritize Topics</td>
<td>Demographics</td>
<td>All</td>
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<td>October 2</td>
<td>Presentation 1</td>
<td>Cancelled FURLOUGH</td>
<td>Teresa</td>
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<tr>
<td>October 16</td>
<td>Presentation 2</td>
<td>Cancelled FURLOUGH</td>
<td>Teresa</td>
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<td>October 30</td>
<td>Presentation 3</td>
<td>1) Historical Trauma, 2) Historical Loss, 3) Historical Loss Associated Symptoms</td>
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<td>November 13</td>
<td>Presentation 4</td>
<td>4) Childhood Trauma</td>
<td>Teresa</td>
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<td>December 11</td>
<td>Presentation 5</td>
<td>5) Exposure to Trauma, 12) Intimate Partner Violence (aka Domestic Violence), 13) Bullying</td>
<td>Teresa</td>
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<td><strong>2014</strong></td>
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<td>January 8</td>
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<td>January 22</td>
<td>Presentation 6</td>
<td>Importance of Research for Tribal Communities/Research Overview</td>
<td>Teresa</td>
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<td>February 5</td>
<td>Presentation 7</td>
<td>6) Perceived Discrimination</td>
<td>Teresa</td>
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<td>February 19</td>
<td>Presentation 8</td>
<td>7) PTSD symptoms, 8) Depressive Symptoms</td>
<td>Teresa</td>
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<td>March 5</td>
<td>Presentation 9</td>
<td>9) Substance Use(Alcohol, Marijuana, Inhalants, Methamphetamines, and Prescription Drugs)</td>
<td>Teresa</td>
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<td>March 19</td>
<td>Presentation 10</td>
<td>10) Suicide Attempts, 11) Suicide Ideation</td>
<td>Teresa</td>
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<td>March 20</td>
<td>Presentation 11</td>
<td>14) Communal Mastery, 15) Cultural Identity, 16) Cultural, Spiritual and Traditional Participation</td>
<td>Teresa</td>
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<td>March 20</td>
<td>Presentation 12</td>
<td>Addressing Violence and Suicide in Tribal Communities – <strong>Intervention Selection</strong></td>
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<td>March 20</td>
<td>Presentation 13</td>
<td>Tribal Executive Board Health and Human Service Committee-UPDATE</td>
<td>Teresa &amp; Larry</td>
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L. Wetsit 6/20/2017
Chairman sent a letter to all Tribal Departments requesting their involvement.

Representatives from:
- Tribal Community College
- Tribal Tribal Health Department
- Tribal Recovery Resource Center
- Tribal Violence Resource Center
- Tribal Head Start
- Indian Health Service – Medical and Behavioral Health
Who should hear about this?

- Professional medical staff in hospitals, clinics and emergency response teams.
- School educators, administrators and staff
- Tribal program/department staff
- Law Enforcement & Correctional staff
- All local elected government officials
- All of our community members
- Small group of community members to develop a plan
How should we tell them and how long should we take to tell them?

Options
- One or two meeting to review all the data.
- Series of bi-weekly, monthly meetings
- Develop written articles to distribute.

Opted for a series of bi-weekly/monthly meetings
- Schedules for same day & time.
- Last no more than one hour including time for discussion
- Powerpoint presentations
- Educate all on research terms
- Provided related readings and sources of information
- Educate your core group
- Utilized interactive television for all sessions
How should we get them to remember what we tell them?

- Provide all members a copy of presentations
- Keep minutes of meetings and provide copies
- Allow time to discuss the information
- Be inclusive to all that want to know or have an interest
- Talk to everyone in the community about the research data
What do we expect them to do after we tell them?

- Create a Trauma Informed Tribal Community
- Create changes in our Medical community
- Create changes in our Schools
What did we learn?

- Native Tribal members in the community have to be involved.
- Native Researchers are more effective and their work is more accepted.
- Tribal leadership changes and be willing to adapt
- Allow time to disseminate - we have to be told 15-20 times before we remember things
- Changing human or community behavior is a slow process - plan accordingly
- Don’t give up, pray and move forward.
On-site interventions presentation;

1. MyPlan—An app for young adults in relationships that offers access to a relationship violence expert and provides participants information about their own relationship safety.

2. Hands Project—An education program that aims to reduce violence

3. Trauma-Informed Systems—Develop trauma informed tribal systems that are sensitive to the needs of trauma victims

4. Good Behavior Game—A classroom management system

5. Trauma-Focused Cognitive Behavior Therapy—Curriculum designed to reduce risk behavior among children who experience trauma

6. Building Resilience with Video Games

7. Creating Safe Communities: Australia’s Headspace Program
The importance of tribal specific data and tribal data dissemination:

“I knew violence/trauma was a problem in our community but I didn’t know to what extent”