CBPR: The Role of the Community Members

Adriann Ricker, MPH, CHES
Research Role: Community Member

- Using your role in the community responsibly
- Overcoming barriers
- Challenging perspectives
- Understanding historical research context within your own community
- Developing a strong partnership over time
Indigenous Research Context

“Let’s Try Something Old”

• Protective factors in Ancestral Wisdom, Ceremonies, Languages, Foods, and Practices.
• Relationship Building- Respect
Relationship Building

For the Researcher
- Ally/Partnerships
- Dedication to the land and people
- Respect the Processes
- Listen to the communities.
- Dedicate to the long term plan.

For the Community Partner
- Learn and understand research
- Know the researcher
- Understand your responsibility
- Commit to the Cause
- Think Long Term
- Connect the researcher and the community.
CBPR in Action

“Historical and Contemporary Factors Influencing The Lives of Reservation-Based Native American Youth: Non-Lethal Suicidal Behavior” - Dr. Teresa Brockie

- Initial engagement prior to IRB creation on Fort Peck Tribes.
- Long term engagement
- Responsiveness to community needs.
- Data Dissemination “What are you going to do for the community after you receive the data”
- Enhancing Communal Mastery through a Symposium “Where do we go from here?”
Community Based Symposium:
Engaging Community and Researchers

Fort Peck Health and Resilience Symposium:
Creating a Trauma-Informed Tribal Community
May 27-29, 2015
Fort Peck Community College Campus in Poplar, MT
Register at: https://fortpeckhealthsymposium.eventbrite.com

A public health symposium to engage the community about the prevalence and impacts of current and historical trauma on health across the lifespan, discuss community-based approaches to address trauma, and provide an opportunity to develop a plan to become a trauma-informed tribal community. Professionals in medicine, nursing, social work, education, the judiciary system, and law enforcement, as well as community members, are encouraged to attend.

Featured Topics & Speakers:

The Adverse Childhood Experiences (ACE) Study
Robert Anda, MD, MS – ACE Study Co-Founder & Co-Principal Investigator, Co-Founder ACE Interface

Intimate Partner Violence
Jacquelyn Campbell, RN, PhD – Johns Hopkins School of Nursing

Educating the Community: Health Impact of Violence & Abuse
Tasneem Ismailji, MD, MPH – Academy on Violence & Abuse

Stress & Neurobiological Changes
Holly Wilcox, PhD – Johns Hopkins School of Medicine

Historical Trauma: Intergenerational Transmission of Trauma
Maria Yellow Horse-Brave Heart, PhD – University of New Mexico

Panel Discussions: Prevention of Trauma in the Community; Principles of Building a Trauma-Informed Tribal Community; Legacies of Historical

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Teresa Brockie, RN, PhD
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Continuing Education Credits: Available for Physicians, Nurses, Social Workers, Counselors, and Therapists
Community-based Symposium

Results By: Deana Around Him DrPH

• Purpose:
  • Increase awareness of prevalence and health effects of violence, abuse, and neglect across the lifespan
  • Highlight community strengths
  • Enhance quality of patient care and improve patient outcomes

• Goals:
  • Provide forum for presentation of relevant health topics and research
  • Promote and facilitate exchange of ideas among scholars and practitioners
  • Support development of a strategy to become a trauma-informed tribal community
Community-based Symposium

– **Process**  
  **By. Deana Around Him DrPH**

- Planning Committee
  - Fort Peck Community College
  - Indian Health Service
  - Fort Peck Family Violence Resource Center
  - Fort Peck Head Start
  - Researchers at NIH

- Video Teleconference Calls – Bi-weekly

- Expert Consultation – Academy on Violence & Abuse

- Continuing Education
  - IHS Clinical Support Center (15.75 credits)
  - Montana Board of Social Work Examiners & Professional Counselors (17 credits)

- Evaluation – Daily and Process
Community-based Symposium – *Results*

*By Deana Around Him DrPH*


- Knowledge of Material:
  - Pre-symposium: 50-60%
  - Post-symposium: 81-90%

- Planning Committee Debrief:
  - Technology – Eventbrite, VTC
  - Flexibility & Communication
  - Planted a Seed
  - Positive Frame – Self-Healing Community

**Positive Feedback:**
- “The last panel touched my heart so much. It will change me.”
- “1) Approach our strategies with a theory structure. 2) Consider historical trauma within program development and implementation.”

**Possible Challenges:**
- “Educating the whole community.”
- “Tribal Executive Board”

![Objectives with High/Very High Achievement](chart.png)
What Next?

• Continued engagement with researcher, exploring options for intervention.
• Continued opportunity to share with tribal and research communities.
• Increased awareness of ACEs and Trauma
• Brought to light ancestral wisdom and knowledge.
• Increased community efficacy.
Questions?

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