CBPR meets BHRN:
Northwest Indian College Student Survey
by NWIC Behavioral Health Research

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Community Based Participatory Research “CBPR”

- Plain English: Communities tell their own stories they want to tell in their own words and in their own way
- “Tribal/TCU-originated, Tribal/TCU-directed, Fully-Participating Research”
Who is the “Community”

- Students primarily
- Faculty
- Administration
Purpose & Procedures

- Students tell their story
  - Marie Badilla, Bobby Lind, Hiram Small Leggs
  - NO: “professional” surveys
  - YES: relevant findings
  - Student researchers:
    - Own questions/concerns
    - Questions/concerns told them by other students
  - Emphasize strength & resilience of students
  - *Few* questions by senior researchers
  - Pilot tested X 3 by students
Important general findings

- Importance of academic counselors / counseling
  - They may need more support
- Student’s strengths & resilience to achieve their education no matter what
- Career goals:
  - “give back to my tribe”
  - “make a difference for Native people”
- Financial & support needs
  - Child care
- Students are concerned about their spirituality and traditions
Risk factor academic / personal problems

- **Had had 1 or more severe traumatic experiences**
  - Rape, victim of life-threatening crime/accident, etc.
  - Problems – “Pathology”
    - “life was hopeless” – 29% (had had) v. 12% (not had)
    - “fear of academic failure” – 42% v. 23%
    - “felt lonely and isolated” – 29% v. 8%

- **PROTECTIVE**: those with Risk Factor who felt they handled experience well vs. did not handle well
  - “life was hopeless” – 53% (not well) v 13% (well)
  - “fear of academic failure” – 64% (not well) v 30% (well)
  - “felt lonely and isolated” – 55% (not well) v 13% (well)