PART TWO: Transcending Trauma
Poverty

Poverty is real and it sucks but I can change my definition of poverty and find that I have so many riches: friends, family, talents, interests.
HOPE:
Transcending Trauma

“You kept your hope. And now, you have to take your hope and go somewhere where other people have hope....”
Transcending Trauma

What I found out about transcending trauma is that a person has to give their all to whatever they commit themselves. Like Junior, who is my “hero” I am going to “work like the dickens” to realize my dreams.
Entering the Belly of the Whale

In order to transcend trauma, we have to face our greatest fears. It may hurt at first but then we get tougher and stronger.